

# HOW TO GET STARTED WITH WEIGHT WATCHERS MEETINGS AT YOUR WORKPLACE

Start losing weight and living healthier with Weight Watchers! With Monthly Pass\* you can get access to meetings At Work\*\* and in your community plus FREE eTools, the Internet weight-loss companion.



To get started, just follow the steps below. At Work meetings can start once 15 people have purchased Monthly Pass, so be sure to tell your co-workers! And remember, once you've purchased your Monthly Pass, you can use your Monthly Pass to attend participating meeting locations in your local community until an At Work meeting is started.†

**Step 1:** Go to <https://wellness.weightwatchers.com>. Enter your company ID and passcode

**COMPANY ID:** 32561  
**PASSCODE:** WW32561

**Step 2:** Fill in your personal information and create a username and password. This is sign-in information you'll use to sign up on this portal. If your company is subsidizing all or part of the monthly cost you will need to enter a unique Employee ID provided by your At Work Client Administrator.

**Step 3:** Enter your company information and indicate interest. Click "yes" if you are interested in a meeting at your worksite. Be sure that the company name and address reflects the location where you'd like to attend an At Work meeting. Read the terms and conditions, click the box to agree, and then click "next."

**Step 4:** Choose Weight Watchers Meetings. View the pricing offered by your company. Under Meetings, click "find" and your work location zip code will auto populate.

**Step 5:** Select Monthly Pass. Here you will see the location where At Work meetings may be held if the meeting minimum is met. In order to be counted toward the meeting minimum of 15, please click "Monthly Pass" to purchase a Monthly Pass subscription. Until an At Work meeting begins, you can begin working on your weight loss goals right away by attending meetings in your local community.

**Step 6:** Begin Purchase of Monthly Pass. Scroll down and enter in your height, weight, etc.

**Step 7:** Create your Weight Watchers account. This user name and password will be used to log in to your actual Weight Watchers account (eTools, profile/payment info, Weight Watchers Online support items).

**NOTE:** If you have a current eTools account and you want your history to be carried over to your new Monthly Pass subscription, simply click "Returning to WeightWatchers.com or currently using our Community?" above the first name box. This will prompt you to enter your previous eTools user ID and Password, then click "log in".

You will be prompted to review your change in pricing in section 2. Scroll down and enter your shipping & billing address. Review the Monthly Pass subscription agreement and then click the box to agree to the terms and click the green check mark on the bottom right. Go to step 9.

**Step 8:** Complete purchase. Fill in payment information and click "complete sign up".

**Step 9:** Print your temporary Monthly Pass. Bring this to the meeting room for the first month. You will get a new card in the mail each month thereafter.

**Step 10:** Attend your meeting. We will let you know as soon as there are enough people at your worksite signed up for an At Work meeting to begin. In the meantime, please feel free to use your Monthly Pass to attend a local community meeting.

**For more information email:**  
[wellnesshelp@weightwatchers.com](mailto:wellnesshelp@weightwatchers.com) or call 866-204-2885.

**Weight Watchers**  
Because it works

\* Monthly payment is required in advance. You will automatically be charged each month in accordance with your company pricing until you cancel. Monthly Pass is sold in participating areas only; may not be accepted for local community meetings and/or At Work meetings in all areas.

\*\* Available only in participating areas in the U.S. Minimum enrollment required to start an At Work meeting, minimum attendance required to maintain the At Work meeting.

† If you purchase a Monthly Pass subscription by following the above steps and an At Work meeting does not open, we are happy to provide a full refund for such Monthly Pass purchase as long as the request for cancellation and refund is made to the call center at 866-204-2885 within 30 days of your initial purchase.

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