

Registrations are now being accepted for the NJDEP's Division of Fish and Wildlife "Becoming an Outdoors-Woman" (BOW) Coastal workshop. Slated for September 10 - 12, 2010, the workshop is a fabulous opportunity to spend three value-packed days and two nights in beautiful Avalon when the crowds are gone and the weather and water are usually superb.

The incredibly low fee of \$395 includes lodging at the oceanfront Golden Inn (<http://www.goldeninn.com/> <<http://www.goldeninn.com/>>), seven meals and free instruction and use of equipment needed for the various wildlife and outdoor skill classes. A limited number of \$235 scholarships are available for first-time participants.

Although oriented towards women, this workshop is open to anyone who is at least 18 years of age who would like to learn about wildlife and outdoor skills on the Jersey coast. Snorkeling, fishing, geocaching, shooting, kayaking, archery, falconry, boating, crabbing and bird watching are just a few of the 23 hands-on learning sessions being offered. No prior knowledge or skills are required - just a willingness to learn from experienced and talented instructors.

This workshop has been a life changing experience for many women who discovered the joy of the outdoors and enriched their lives with the skills and confidence they acquired. It can do the same for you or someone you care about.

Don't miss out on this unique value and wonderful opportunity and experience. Register early to secure your spot for this great learning opportunity! Visit <http://www.njfishandwildlife.com/bowhome.htm> <<http://www.njfishandwildlife.com/bowhome.htm>> today to view and print the workshop brochure and registration form.